

CALIFORNIA DPA/TPA LAWS

- California Business and Professions Code Sections 3040-3060
 - <http://caselaw.lp.findlaw.com/cacodes/bpc/3040-3060.html>
- Laws Relating To The Practice of Optometry *With* Rules and Regulations
 - Issued by California State Board of Optometry
 - www.optometry.ca.gov/laws_regs/2001lawbook.pdf



TPA MEDICATIONS

- Oral NSAID's
 - Limited to 3 days use
 - **Refer** if condition not resolved 3 days after dx
- Topical antivirals and oral acyclovir
 - Topical antivirals limited to 10 days
 - Oral acylcovir limited to 3 weeks
- Codeine with acetaminophen or aspirin, and Hydrocodone with acetaminophen or ibuprofen
 - Limited to 3 days tx
 - **Refer** to OMD if pain persists

ANTERIOR SEGMENT OR ADNEXA INFECTION

- Lacrimal gland, lacrimal drainage system, and sclera excluded
- **Consult** if worsens 72 hrs after dx
- **Refer** if not resolved 10 days after dx

ANTERIOR SEGMENT OR ADNEXA ALLERGY

- Treatment with topical steroids
 - **Consult** if worsens 72 hrs after dx
 - **Consult** if inflammation present 3 wks after dx
 - **Refer** if still on meds 6 wks after dx
 - **Refer** if condition recurs within 3 months
- Treatment with oral antihistamines
 - **Refer** if condition not resolved two weeks after dx

OCULAR INFLAMMATION

- **Refer** unilateral non-recurrent non-granulomatous idiopathic iritis recurs with 1 year of initial occurrence
- **Consult** if episcleritis or peripheral corneal inflammatory keratitis recurs within 1 year of initial occurrence

TX OF OCULAR INFLAMMATION WITH TOPICAL STEROIDS

- **Consult** if episcleritis or unilateral non-recurrent non-granulomatous idiopathic iritis worsens 72 hrs after dx, or does not resolve 3 wks after dx
 - **Refer** if patient still receiving medications for above conditions 6 weeks after dx

TX OF OCULAR INFLAMMATION WITH TOPICAL STEROIDS

- **Consult** if peripheral inflammatory keratitis (excluding Moorens or Terriens) worsens 48 hrs after dx
 - **Refer** if pt still receiving meds 2 wks after dx
- **Consult** if traumatic iritis worsens 72 hrs after dx
 - **Refer** if not resolved 1 wk after dx

OCULAR SURFACE DISEASE AND DRY EYES

- **Consult** if central corneal ulcer not improved 24 hrs after dx
 - **Refer** if not improved 48 hrs after dx
 - **Refer** if pt still receiving antibiotics 10 days after dx

BLEPHARITIS

- **Consult** if no improvement after 6 wks of tx

PRESEPTAL CELLULITIS OR DACRYOCYSTITIS

- **Refer** if no improvement 72 hours after dx, or still receiving oral antibiotics 10 days after dx

VIRAL INFECTIONS

- Herpes simplex/varicella zoster keratitis
 - **Refer** if not improved 7 days after dx
 - **Refer** if not resolved 3 weeks after dx
- Herpes simplex/varicella zoster conjunctivitis or periocular dermatitis
 - **Consult** if worsens 7 days after dx
 - **Refer** if not resolved 3 weeks after dx

GLAUCOMA

- Must **refer** to OMD if
 - Pt requests
 - Tx goals not met
 - Closed angle or secondary glaucoma develops
- Must **consult** with diabetic patient's physician when treating for glaucoma
 - Must **notify** physician of any changes in glaucoma medications